

Trip Rating Definitions

Easy

- 5 - 8 mile travel days along river grade trail with some undulating terrain, but no major changes in elevation. All hiking is on maintained trail.

Moderate

- 6 - 10 mile travel days with some of those days requiring changes in elevation of 500 - 1200 ft. over several miles. Short portions of route may be off-trail.

Moderately Strenuous

- 7 - 12+ mile travel days with some days having a combined change in elevation totaling 2,500 feet, or more, over several miles. Off-trail hiking and routing finding with short portions of limited exposure possible

Strenuous

- 7 - 12+ mile days with regular changes in elevation over a few miles. Frequent off-trail hiking over uneven terrain with areas of exposure and route finding involved. Previous backcountry experience required.

*Please note these descriptions are used for travel days only and are our attempt to provide a rating for the overall trip difficulty. On layover days we will offer optional hiking opportunities that may not be in keeping with the rest of the trip difficulty rating.

Additionally, changes in elevation are meant to represent the days' starting and ending elevations not necessarily the total elevation lost and gained throughout the course of the day. If you have questions or concerns regarding trip difficulty and your abilities please contact us.