



Gear list

Please note that you will be limited to **20 POUNDS** of personal gear to be carried by the stock. This includes the weight of your tent, sleeping bag, and sleeping pad. We are strict about the weight limit because we bring as few pack animals as possible to minimize our impact to the landscape. You will also be carrying a daypack when you hike. What you bring in this pack is not included in the 20 pounds.

*We will provide Crazy Creek Camp Chairs, which are not included in the weight limit.

- Long underwear top and bottom (NO COTTON)
- 2 T-Shirts
- Light weight pull over, jacket, or vest (NO COTTON)
- Mid weight pullover or jacket (NO COTTON)
- Rain gear—BOTH top and bottom, every day
- A pair of pants for hiking in
- A pair of shorts (optional)
- 2-3 pairs of socks (NO COTTON)
- Undergarments
- Warm hat and gloves
- Bandana/scarf that can get wet
- Sunhat
- Sunscreen
- Sunglasses
- Toiletries
- Baby wipes
- Small towel (optional)
- Any medication you may need during the trip
- Blister-care/1st Aid (Guides carry complete 1st Aid kits)
- Headlamp
- Two water bottles/Camelback (bring enough containers to hold at least 64 oz. of water)
- Water filtration method **
- Hiking Boots or shoes
- Gators (optional)
- Sandals/Camp shoes (make sure you have something for stream crossings)
- Hiking poles (available for rent)
- Small backpack for day use (available for rent)
- Tent—If you are coming with another person, consider sharing a tent (available for rent)
- Sleeping bag (available for rent)
- Sleeping pad (available for rent)
- Camera and/or binoculars (optional)
- A small book or journal (optional)

Of the items on the gear list, what should I carry in my daypack?

- Rain gear – *BOTH top and bottom, every day*
- Hat and gloves – *every day*
- Light-weight pull over
- Water bottles/Camelback – *at least 64oz.*
- Water filtration method**
- Lunch and snacks – *provided*
- Sunscreen, sunhat, sunglasses
- Sandals/Crocs (*if needed for stream crossings that day*)
- Bandana - *that can get wet to cool yourself or wrap around your neck for warmth*
- Any blister care/1st aid products you may need
- Camera and/or Binoculars

We will provide Aquamira drops for sale or loan for water purification along the trail, but if you prefer a different method, feel free to bring it along. If you are buying a product especially for this trip, we recommend the Steri-pen Adventurer Opti. For more info about backcountry water treatment, view the **"Water Treatment" PDF on our website.

